

# LUNCH MENU

MONDAY - FRIDAY (Lunch Hours Vary)

## J.T.'S LUNCH ENTREES

Includes a regular side of your choice. Add an additional regular side for **2.29**.

### ★Sirloin\* 6 oz.

J.T.'s most popular steak. Lean, USDA Choice Sirloin seasoned with Colton's spices. (410 cal.) **8.59**

### Mesquite Grilled Chicken

Boneless chicken breast mesquite grilled on a bed of rice pilaf. (430 cal.) **6.99**

### Shrimp (Grilled or Fried)

Lightly seasoned and grilled on a bed of rice pilaf, or hand-breaded and fried to golden perfection. (320-720/230-290 cal.) **7.99**

### Chicken Fried Chicken

Tender chicken breast hand-breaded and fried to a golden crisp. Served with white pepper gravy. (670 cal.) **8.49**

### Sirloin Tips\*

Tender sirloin tips with sautéed peppers and onions. (510 cal.) **9.59**

### ★Colton's "Loaded" Chicken

Chicken breast perfectly grilled, covered in sautéed mushrooms, Applewood smoked bacon, green onions, and a blend of cheeses. Served with Honey Dijon. (620-780 cal.) **9.59**

### Chopped Sirloin\*

10 oz. chopped steak with sautéed peppers and onions topped with Onion Tanglers. (580 cal.) **7.59**

### Homestyle Chicken Tenders

Tender chicken fillets hand-breaded and fried to a golden crisp. Served with Honey Dijon. (520-680 cal.) **7.59**

### ★Fried Catfish

Hand-breaded, domestic, farm-raised catfish, golden fried with apple coleslaw. Served with tartar sauce. (500-970 cal.) **8.99**

### Southwest Chipotle Tips

Tender pieces of chicken seasoned and grilled with sautéed peppers and onions, topped with chipotle cream sauce and two shrimp on a bed of rice pilaf. (610 cal.) **8.99**

### Country Fried Steak

Battered and fried country-style, covered in your choice of white pepper or mushroom gravy. (820/760 cal.) **9.99**

### Colton's Smoked Ribs

St. Louis style, hickory smoked daily. Served with barbeque sauce and apple coleslaw. (980-1230 cal.) **8.99**

## BURGERS & SANDWICHES

Colton's burgers are made with a half-pound of fresh ground beef and seasoned with our special spices. Includes a regular side of your choice. Add an additional regular side for **2.29**.

### ★Montana Burger\*

Half-pound burger with Applewood smoked bacon, cheddar cheese, barbeque sauce, and Onion Tanglers. Served with lettuce and tomato. (1110 cal.) **8.99**

### Deluxe Grilled Chicken Sandwich

Tender chicken breast with Swiss cheese and Applewood smoked bacon on a Ciabatta bun. Served with Honey Dijon. (720-880 cal.) **8.99**

### J.T.'s Charbroiled Lonesome Burger\*

With lettuce, tomato, pickles, and onion. (780 cal.) **7.59**

### Bacon Cheeseburger\*

Lonesome Burger with cheddar or Swiss cheese and Applewood smoked bacon. (930 cal.) **8.59**

### Philly Steak Sandwich

Tender beef sliced thin with grilled onions, mushrooms, peppers, and Swiss cheese on a hoagie bun. (660 cal.) **8.59**

### Swiss Mushroom Burger\*

Juicy burger with Swiss cheese, sautéed mushrooms, lettuce, and tomato. (850 cal.) **8.79**

### Smoked Turkey Club

Shaved smoked turkey, Swiss cheese, Applewood smoked bacon, lettuce and tomato on wheat berry bread with sauce. (470-550 cal.) **8.79**

### Mesquite Grilled Chicken Sandwich

Juicy chicken breast with lettuce and tomato on a Ciabatta bun. (530 cal.) **7.99**

## LUNCH SOUP & SALADS

Includes a basket of homemade yeast rolls. Roll (120 cal.) and whipped butter (250 cal.)

### Caesar Salad

Texas-sized portion of crisp romaine lettuce and croutons tossed in our Caesar dressing. Topped with purple onion, sliced egg, and parmesan cheese. (310-790 cal.) **4.99**

### with Grilled Chicken

(580-1060 cal.) **8.99**

### Grilled Shrimp

(480-970 cal.) **9.99**

### Fried Chicken Salad

Hand-breaded chicken tenders on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (760-1400 cal.) **8.79**

### Mesquite Grilled Chicken Salad

Grilled chicken strips on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (640-1280 cal.) **8.99**

### Strawberry Pecan Salad

Fresh mixed greens, mandarin oranges, strawberries, feta cheese and candied pecans. (730-1370 cal.) **7.99**

with Grilled Chicken (990-1630 cal.) **10.79**

### Texas House Salad

Fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, purple onion, croutons, and diced Applewood smoked bacon. (660-1300 cal.) **5.99**

### Southwest Chicken Salad

Blackened chicken strips on a bed of fresh mixed greens, diced tomatoes, and black bean corn salsa, topped with thinly sliced tortilla chips. (680-1320 cal.) **8.79**

### Loaded Baked Potato Soup

(320 cal.) Bowl **3.29**

## SIDES

Substitute a premium side for an additional .... **1.00**.

### Regular Sides 2.29

+ House Salad (180-500 cal.)

+ Caesar Salad (400 cal.)

+ French Fries (360 cal.)

+ Steamed Veggies (180 cal.)

+ Fried Okra (250 cal.)

+ Baked Potato (260-620 cal.)

+ Baked Sweet Potato (450-720 cal.)

+ Sweet Potato Fries (400-500 cal.)

+ Smashed Potatoes (100-460 cal.)

### Premium Sides 3.29

+ Sautéed Mushrooms (160 cal.)

+ Loaded Baked Potato (970 cal.)

+ Loaded Smashed Potatoes (800 cal.)

+ Loaded Baked Potato Soup (320 cal.)

## DESSERTS

### ★Ultimate Brownie Sin-Sation

Caramel topped pecan brownie with Yarnell's vanilla ice cream, hot fudge, whipped topping, and a cherry. (1090 cal.) **4.99**

### Bread Pudding

Homemade bread pudding, served warm with pecan praline sauce. (1130 cal.) **3.99**

with Yarnell's vanilla ice cream (1260 cal.) **5.99**

### New York Style Cheesecake

With your choice of praline sauce, chocolate, raspberry or caramel topping. (870-1130 cal.) **4.99**

### Iron Horse Root Beer Float

The crisp, sweet, old-timey taste of Iron Horse Root Beer and a scoop of smooth, creamy Yarnell's vanilla ice cream. (310 cal.) **4.99**

## BEVERAGES

Proudly serving Coke® Products

Gift Cards available in store or online at [ColtonsSteakHouse.com](http://ColtonsSteakHouse.com)



We Know What's At *Steak!*™

## Colton's Steak House & Grill

32 West Alexander Blvd.

Sand Springs, OK 74063

(918) 245-1000

**CALL AHEAD TO HAVE YOUR TAKE-OUT ORDER READY!**

## APPETIZERS

### Spinach Artichoke Dip

Creamy mozzarella and parmesan cheese blended with spinach, artichokes and minced garlic. Served with tortilla chips. (910 cal.) **6.99**

### Boneless Honey Barbeque Wings

Breaded boneless chicken bites tossed in our honey barbeque sauce. Served with ranch dressing. (720-1160 cal.) **6.99**

### Fried Pickles

Dill slices coated in Colton's seasoned breading and fried to a golden crisp. Served with spicy ranch dressing. (460-900 cal.) **4.99**

### Queso Dip

Cheese dip with seasoned ground beef. Served with tortilla chips. (900 cal.) **5.99**

### Onion Tanglers

Thinly sliced sweet white onions, lightly breaded and golden fried. Served with Colton's signature sauce. (370-890 cal.) **Small 2.99** (570-1090 cal.) **Reg 4.99**

### Smoked Salmon Dip

Smoked salmon blended with cream cheese, capers, onions and chipotle peppers. Served with crispy pita chips. (330 cal.) **7.99**

### J.T.'s Onion Blossom

Colossal fried onion. Served with Colton's signature sauce. (570-1090 cal.) **6.99**

### Trail Potatoes

Crispy halves of skin-on baked potatoes, loaded with a blend of melted cheeses and bacon, sprinkled with chives. Served with ranch dressing. (1210-1650 cal.) **6.99**

### J.T.'s Cheddar Bites

J.T. struck gold with these white cheddar cheese curds. Golden fried, served with marinara sauce. (840-900 cal.) **6.99**

### Cheese Fries

French fries layered in a blend of cheeses, topped with bacon and green onions. Served with spicy ranch dressing. (1420-1860 cal.) **Small 6.99** (1780-2220 cal.) **Reg 9.49**

### Chipotle Chicken Nachos

Crispy nacho chips covered in a blend of cheeses, refried beans, chicken, rice and chipotle sauce. Topped with lettuce, diced tomatoes and sour cream. Served with jalapeños. (2340 cal.) **7.99**

A 2,000 calorie daily diet is used as the basis for general nutrition advice: individual calorie needs may vary. Additional nutrition is available upon request. Calorie counts do not include dipping sauces unless noted.

Menu items and prices are subject to change.



## BURGERS & SANDWICHES

Colton's burgers are made with a half-pound of fresh ground beef and seasoned with our special spices. Includes a regular side of your choice. Add an additional regular side for **2.29**.

### ★Montana Burger★

Half-pound burger with Applewood smoked bacon, cheddar cheese, barbeque sauce, and Onion Tanglers. Served with lettuce and tomato. (1110 cal.) **9.99**

### J.T.'s Charbroiled Lonesome Burger★

With lettuce, tomato, pickles, and onion. (780 cal.) **8.79**

### Bacon Cheeseburger★

Lonesome Burger with cheddar or Swiss cheese and Applewood smoked bacon. (930 cal.) **9.79**

### Swiss Mushroom Burger★

Juicy burger with Swiss cheese, sautéed mushrooms, lettuce, and tomato. (850 cal.) **9.79**

### Mesquite Grilled Chicken Sandwich

Juicy chicken breast with lettuce and tomato on a Ciabatta bun. (530 cal.) **8.99**

### Deluxe Grilled Chicken Sandwich

Tender chicken breast with Swiss cheese and strips of Applewood smoked bacon on a Ciabatta bun. Served with Honey Dijon. (720-880 cal.) **9.99**

### Philly Steak Sandwich

Tender beef sliced thin with grilled onions, mushrooms, peppers, and Swiss cheese on a hoagie bun. (660 cal.) **8.99**

### Smoked Turkey Club

Shaved smoked turkey, Swiss cheese, Applewood smoked bacon, lettuce and tomato on wheat berry bread with sauce. (470-550 cal.) **9.79**

## STEAK DINNERS

Our steaks are USDA Choice and grilled over mesquite wood. Includes two regular sides of your choice. Sub a premium side for **1.00**.

### Sirloin★

J.T.'s most popular steak. Lean, USDA Choice Sirloin seasoned with Colton's spices. (590 cal.) **9 oz. 13.99** (770 cal.) **12 oz. 15.99** (410 cal.) **6 oz. 10.99**

### Hawaiian Ribeye★

Marinated in our special Hawaiian seasonings and garnished with grilled pineapple. (950 cal.) **19.99**

### Ribeye★

Marbled, juicy and full of flavor. (1240 cal.) **16 oz. 23.99** (940 cal.) **12 oz. 18.99**

### Filet Mignon★

Wrapped in Applewood smoked bacon. (640 cal.) **8 oz. 20.99**

### T-Bone★

J.T.'s largest Steak! (990 cal.) **18 oz. 24.99**

### Del Rio Ribeye★

Rubbed with bold Southwest spices, topped with ancho chipotle butter and Onion Tanglers. (1350 cal.) **19.99**

### Sirloin Tips★

Tender sirloin tips with sautéed peppers and onions. (510 cal.) **11.99**

### Chopped Sirloin★

10 oz. chopped steak with sautéed peppers and onions topped with Onion Tanglers. (580 cal.) **10.99**

### New York Strip★

A steak lover's favorite. (960 cal.) **14 oz. 19.99**

### Toppings

Del Rio Style (450 cal.) **2.00**  
Mushrooms & Onions (150 cal.) **2.00**

### Add-Ons

Grilled, Fried or Del Rio Shrimp (250/210/330 cal.) **5.99**

## FAVORITES

Includes a regular side of your choice. Sub a premium side for **1.00**. Add an additional regular side for **2.29**.

### Chicken Fried Chicken

Tender chicken breast hand-breaded and fried to a golden crisp. Served with white pepper gravy. (670 cal.) **11.79**

### Grilled Pork Chop

Center-cut pork chop, lightly seasoned, grilled until tender and juicy. Topped with Onion Tanglers. Served with raspberry chipotle sauce. (540-690 cal.) **Single 9.99** (930-1080 cal.) **Double 12.99**

### Santa Fe Chicken

Boneless chicken breast marinated in a sweet and tangy sauce, topped with crispy strips of Applewood smoked bacon, bell pepper rings, Colby Jack cheese, diced tomatoes and green onions. Served with dipping sauce. (650-810 cal.) **11.79**

### Homestyle Chicken Tenders

Tender chicken fillets hand-breaded and fried to a golden crisp. Served with Honey Dijon. (520-680 cal.) **10.99**

### Country Fried Steak

Battered and fried country-style, covered in your choice of white pepper or mushroom gravy. (820/760 cal.) **11.99**

### Mesquite Grilled Chicken

Boneless chicken breast mesquite grilled on a bed of rice pilaf. (430 cal.) **10.79**

### Hawaiian Chicken

Boneless chicken breast, marinated in a blend of teriyaki sauce, pineapple juice and special seasonings. Served on a bed of rice pilaf. (430 cal.) **10.99**

### ★Colton's "Loaded" Chicken

Chicken breast perfectly grilled, covered in sautéed mushrooms, Applewood smoked bacon, green onions, and a blend of cheeses. Served with Honey Dijon. (620-780 cal.) **11.79**

### Southwest Chipotle Tips

Tender pieces of chicken seasoned and grilled with sautéed peppers and onions, topped with chipotle cream sauce and two shrimp on a bed of rice pilaf. (610 cal.) **11.79**

## SOUP & SALADS

Includes a basket of homemade yeast rolls. Roll (120 cal.) and whipped butter (250 cal.)

### Loaded Baked Potato Soup (320 cal.) Bowl **3.29**

### Mesquite Grilled Chicken Salad

Grilled chicken strips on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (640-1280 cal.) **10.79**

### Southwest Chicken Salad

Blackened chicken strips on a bed of fresh mixed greens, diced tomatoes, and black bean corn salsa, topped with thinly sliced tortilla chips. (680-1320 cal.) **10.79**

### Strawberry Pecan Salad

Fresh mixed greens, mandarin oranges, strawberries, feta cheese and candied pecans. (730-1370 cal.) **8.99 with Grilled Chicken** (990-1630 cal.) **11.99**

### Texas House Salad

Fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, purple onion, croutons, and diced Applewood smoked bacon. (660-1300 cal.) **6.99**

### ★Grilled Sirloin Salad★

Strips of mesquite grilled sirloin on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (860-1500 cal.) **11.99**

### Caesar Salad

Texas-sized portion of crisp romaine lettuce and croutons tossed in our special Caesar dressing. Topped with purple onion, sliced egg, and parmesan cheese. (310-790 cal.) **5.99 with Grilled Chicken** (580-1060 cal.) **10.49**

### Grilled Shrimp

(480-970 cal.) **11.49**

### Fried Chicken Salad

Hand-breaded chicken tenders on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (760-1400 cal.) **9.99**

## RIBS & COMBOS

Includes two regular sides of your choice. Sub a premium side for **1.00**. Add an additional regular side for **2.29**.

### Sirloin★ & Shrimp

6 oz. sirloin and grilled or fried shrimp. (680-1080/730-790 cal.) **16.99**

### ★Ribs & Catfish

Half order of ribs and hand-breaded, domestic, farm-raised catfish, golden fried. Served with barbeque sauce and apple coleslaw. (1320-1870 cal.) **18.49**

### Catfish & Shrimp

Hand-breaded, domestic, farm-raised catfish, golden fried with grilled or fried shrimp and apple coleslaw. (740-1610/870-1400 cal.) **16.99**

### Ribs & Chicken

Half order of ribs and a mesquite grilled chicken breast. Served with barbeque sauce and apple coleslaw. (1240-1490 cal.) **17.99**

### Sirloin★ & Ribs

6 oz. sirloin and a half order of ribs. Served with barbeque sauce and apple coleslaw. (1220-1470 cal.) **19.99**

### Colton's Smoked Ribs

St. Louis style, hickory smoked daily. Served with barbeque sauce and apple coleslaw. Limited Availability. (980-1230 cal.) **Half Order 13.99** (1630-1880 cal.) **Full Order 18.99**

A 2,000 calorie daily diet is used as the basis for general nutrition advice: individual calorie needs may vary. Additional nutrition is available upon request. Calorie counts do not include dipping sauces unless noted.

We cook your steak your way... **RARE** (cool, red center) **MEDIUM RARE** (warm, red center) · **MEDIUM** (warm, pink center) **MEDIUM WELL** (thin pink line) · **WELL** (cooked throughout)

★ J.T.'s Favorites