

LUNCH MENU

MONDAY-FRIDAY (LUNCH HOURS VARY)

J.T.'S LUNCH ENTRÉES

Includes a regular side of your choice.

★**Sirloin* 6 oz.**
J.T.'s most popular steak. Lean and generously seasoned with Colton's spices. (410 cal.) **10.99**

Mesquite Grilled Chicken
Boneless chicken breast mesquite grilled. Served on a bed of rice pilaf. (430 cal.) **10.59**

Shrimp (Grilled or Fried)
Lightly seasoned and grilled. Served on a bed of rice pilaf or hand-breaded and fried to golden perfection. (320-720/230-290 cal.) **9.79**

Chicken Fried Chicken
Tender chicken breast hand-breaded and fried to a golden crisp. Served with white pepper gravy. (580-670 cal.) **10.99**

Southwest Chipotle Tips
Tender pieces of chicken seasoned and grilled with sautéed peppers and onions, topped with chipotle cream sauce and two shrimp, all on a bed of rice pilaf. (610 cal.) **11.59**

★**Colton's "Loaded" Chicken**
Chicken breast perfectly grilled, covered in sautéed mushrooms, Applewood smoked bacon, green onions and a blend of cheeses. Served with Honey Dijon. (620-780 cal.) **12.59**

Chopped Steak*
10 oz. hamburger steak with sautéed peppers and onions topped with Onion Tanglers. (580 cal.) **9.99**

Homestyle Chicken Strips
Chicken fillets hand-breaded and fried to a golden crisp. Served with Honey Dijon. (520-680 cal.) **9.99**

★**Fried Catfish**
Hand-breaded, golden fried, domestic, farm-raised catfish. Served with apple coleslaw, hushpuppies and tartar sauce. (500-1070 cal.) **11.59**

Sirloin Tips*
Tender sirloin tips with sautéed peppers and onions. (510 cal.) **11.59**

Country Fried Steak
Battered and fried country style, covered in your choice of white pepper or mushroom gravy. (820/760 cal.) **11.99**

Colton's Smoked Ribs
St. Louis style, hickory smoked daily. Served with barbeque sauce and apple coleslaw. (980-1230 cal.) **13.99**

LUNCH BURGERS & SANDWICHES

Colton's burgers are made with a half-pound of fresh ground beef and seasoned with our special spices. Includes a regular side of your choice.

★**Montana Burger***
Juicy burger with Applewood smoked bacon, cheddar cheese, barbeque sauce and Onion Tanglers. Served with lettuce and tomato. (1110 cal.) **11.59**

J.T.'s Charbroiled Lonesome Burger*
With lettuce, tomato, pickles and onion. (780 cal.) **9.99**

Bacon Cheeseburger*
Lonesome Burger with cheddar or Swiss cheese and Applewood smoked bacon. (930 cal.) **10.99**

Swiss Mushroom Burger*
Juicy burger with Swiss cheese, sautéed mushrooms, lettuce and tomato. (850 cal.) **10.99**

Philly Steak Sandwich
Tender beef sliced thin with grilled onions, mushrooms, peppers and Swiss cheese on a hoagie bun. (660 cal.) **10.99**

Deluxe Grilled Chicken Sandwich
Tender chicken breast with Swiss cheese and Applewood smoked bacon on a Ciabatta bun. Served with Honey Dijon. (720-880 cal.) **11.59**

Mesquite Grilled Chicken Sandwich
Juicy chicken breast with lettuce and tomato on a Ciabatta bun. (530 cal.) **10.59**

LUNCH SOUP & SALADS

Includes a basket of homemade yeast rolls. Roll (120 cal.) and whipped butter (250 cal.).

Strawberry Pecan Salad
Fresh mixed greens, mandarin oranges, strawberries, feta cheese and candied pecans. (730-1370 cal.) **8.99 with Grilled Chicken** (990-1630 cal.) **13.99**

★**Fried Chicken Salad**
Hand-breaded chicken fillets. Served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons and purple onion. (760-1400 cal.) **11.79**

Mesquite Grilled Chicken Salad
Grilled chicken strips. Served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons and purple onion. (640-1280 cal.) **11.59**

Texas House Salad
Fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, purple onion, croutons and diced Applewood smoked bacon. (660-1300 cal.) **7.99**

Caesar Salad
Texas-sized portion of crisp romaine lettuce and croutons tossed in our Caesar dressing. Topped with purple onion, sliced egg and parmesan cheese. (310-790 cal.) **6.99 with Grilled Chicken** (580-1060 cal.) **12.29**
Grilled Shrimp (480-970 cal.) **11.99**

Loaded Baked Potato Soup
Bowl (320 cal.) **3.99**

SIDES

Substitute a premium side for an additional 1.00.

Regular Sides 2.99

Premium Sides 3.99

- + **House Salad** (180-500 cal.)
- + **Caesar Salad** (160-400 cal.)
- + **French Fries** (360 cal.)
- + **Baked Potato** (260-620 cal.)
- + **Fried Okra** (250 cal.)
- + **Sweet Potato Fries** (400-500 cal.)

- + **Baked Sweet Potato** (450-720 cal.)
- + **Smashed Potatoes** (100-460 cal.)
- + **Steamed Veggies** (180 cal.)
- + **Green Beans** (110 cal.)

- + **Mac & Cheese** (460 cal.)
- + **Sautéed Mushrooms** (160 cal.)
- + **Loaded Baked Potato** (970 cal.)

- + **Loaded Smashed Potatoes** (800 cal.)
- + **Loaded Baked Potato Soup** (320 cal.)

DESSERTS

★**Ultimate Brownie Sin-Sation**
Caramel topped pecan brownie with Yarnell's vanilla ice cream, hot fudge, whipped topping and a cherry. (1090 cal.) **6.99**

Iron Horse Root Beer Float
The crisp, sweet, old-timey taste of Iron Horse Root Beer and a scoop of smooth, creamy Yarnell's vanilla ice cream. (310 cal.) **3.99**

Bread Pudding
Homemade bread pudding. Served warm with pecan praline sauce. (1130 cal.) **4.59 with Yarnell's vanilla ice cream** (1260 cal.) **6.59**

New York Style Cheesecake
With your choice of pecan praline sauce, chocolate, strawberry or caramel topping. (870-1130 cal.) **6.79**

BEVERAGES

Proudly serving Coke® Products
Gift Cards available in store or online at
ColtonsSteakHouse.com



We Know What's At *Steak!*™

Colton's Steak House & Grill

8030 Highway 64
Bartlett, TN 38133
(901) 383-8445

CALL AHEAD TO HAVE YOUR
TAKE-OUT ORDER READY

APPETIZERS

★**Onion Tanglers**
Thinly sliced sweet white onions, lightly breaded and golden fried. Served with Colton's signature sauce. (370-890 cal.) **5.99**

Boneless Honey Barbeque Wings
Breaded boneless chicken bites tossed in our honey barbeque sauce. Served with ranch dressing. (720-1160 cal.) **8.99**

Fried Pickles
Dill slices coated in Colton's seasoned breading and fried to a golden crisp. Served with spicy ranch dressing. (460-900 cal.) **6.99**

Queso Dip
Cheese dip with seasoned ground beef. Served with tortilla chips. (900 cal.) **7.59**

★**J.T.'s Onion Blossom**
Colossal fried onion. Served with Colton's signature sauce. (570-1090 cal.) **7.99**

Texas-Sized Cheese Sticks
Large breaded and fried sticks of melting hot mozzarella cheese. Served with marinara sauce. (990-1050 cal.) **10.99**

Trail Potatoes
Crispy halves of skin-on baked potatoes, loaded with a blend of melted cheeses and bacon, sprinkled with chives. Served with ranch dressing. (1210-1650 cal.) **8.59**

Cheese Fries
French fries layered in a blend of cheeses, topped with bacon and green onions. Served with spicy ranch dressing. (1420-1860 cal.) **8.99**

Chipotle Chicken Nachos
Crispy nacho chips covered in a blend of cheeses, refried beans, chicken, rice and chipotle sauce. Topped with lettuce, diced tomatoes and sour cream. Served with jalapeños. (2340 cal.) **9.99**

Fried Green Beans
Fresh cut green beans battered and fried to crispy perfection. Served with spicy ranch dressing. (670-1110 cal.) **6.99**

A 2,000 calorie daily diet is used as the basis for general nutrition advice. Individual calorie needs may vary. Additional nutrition information is available upon request.

BURGERS & SANDWICHES

Colton's burgers are made with a half-pound of fresh ground beef and seasoned with our special spices. Includes a regular side of your choice. Add an additional regular side for **2.99**.

★Montana Burger★

Juicy burger with Applewood smoked bacon, cheddar cheese, barbeque sauce and Onion Tanglers. Served with lettuce and tomato. (1110 cal.) **11.99**

J.T.'s Charbroiled Lonesome Burger★

With lettuce, tomato, pickles and onion. (780 cal.) **10.29**

Bacon Cheeseburger★

Lonesome Burger with cheddar or Swiss cheese and Applewood smoked bacon. (930 cal.) **10.99**

Swiss Mushroom Burger★

Juicy burger with Swiss cheese, sautéed mushrooms, lettuce and tomato. (850 cal.) **11.59**

Mesquite Grilled Chicken Sandwich

Juicy chicken breast with lettuce and tomato on a Ciabatta bun. (530 cal.) **10.99**

Deluxe Grilled Chicken Sandwich

Tender chicken breast with Swiss cheese and strips of Applewood smoked bacon on a Ciabatta bun. Served with Honey Dijon. (720-880 cal.) **11.99**

Philly Steak Sandwich

Tender beef sliced thin with grilled onions, mushrooms, peppers and Swiss cheese on a hoagie bun. (660 cal.) **10.99**

*Cooked to order. Eating raw or undercooked meat, poultry, eggs or seafood may cause foodborne illness.

RIBS & COMBOS

Includes two regular sides of your choice. Sub a premium side for **1.00**. Add an additional regular side for **2.99**.

★Sirloin★ & Shrimp

6 oz. sirloin with grilled or fried shrimp. (680-1080/730-790 cal.) **18.99**

★Ribs & Catfish

Half order of ribs with hand-breaded, golden fried, domestic, farm-raised catfish. Served with apple coleslaw and hushpuppies. (1320-1970 cal.) **21.99**

Ribs & Chicken

Half order of ribs with a mesquite grilled chicken breast. Served with apple coleslaw. (1240-1490 cal.) **21.99**

Sirloin★ & Ribs

6 oz. sirloin with a half order of ribs. Served with apple coleslaw. (1220-1470 cal.) **22.99**

Ribeye★ & Shrimp

12 oz. ribeye with grilled or fried shrimp. (1060-1460/1100-1160 cal.) **30.99**

Colton's Smoked Ribs

St. Louis style, hickory smoked daily. Served with barbeque sauce and apple coleslaw. Limited Availability. **Half Order** (980-1230 cal.) **16.99**
Full Order (1630-1880 cal.) **21.99**

STEAK DINNERS

Our steaks are USDA Choice and grilled over mesquite wood. Includes two regular sides of your choice. Sub a premium side for **1.00**.

★Sirloin★

J.T.'s most popular steak. Lean and generously seasoned with Colton's spices.

12 oz. (770 cal.) **19.99**

9 oz. (590 cal.) **16.99**

6 oz. (410 cal.) **12.99**

Del Rio Ribeye★

Rubbed with bold Southwest spices, topped with ancho chipotle butter and Onion Tanglers.

12 oz. (1350 cal.) **26.99**

Hawaiian Ribeye★

Marinated in our special Hawaiian seasonings and garnished with grilled pineapple. **12 oz.** (950 cal.) **26.99**

Ribeye★

Marbled, juicy and full of flavor.

16 oz. (1240 cal.) **31.99**

12 oz. (940 cal.) **24.99**

Filet Mignon★

Wrapped in Applewood smoked bacon. **8 oz.** (640 cal.) **25.99**

Sirloin Tips★

Tender sirloin tips with sautéed peppers and onions. (510 cal.) **13.99**

Chopped Steak★

10 oz. hamburger steak with sautéed peppers and onions, topped with Onion Tanglers. (580 cal.) **12.99**

New York Strip★

A steak lover's favorite. **12 oz.** (890 cal.) **20.99**

T-Bone★

J.T.'s largest Steak!
18 oz. (990 cal.) **27.99**

Toppings

Del Rio Style (450 cal.) **2.00**

Mushrooms & Onions (150 cal.) **2.00**

Add-Ons

Grilled, Fried or Del Rio Shrimp (250/210/330 cal.) **6.99**

FAVORITES

Includes a regular side of your choice. Sub a premium side for **1.00**. Add an additional regular side for **2.99**.

★Colton's "Loaded" Chicken

Chicken breast perfectly grilled, covered in sautéed mushrooms, Applewood smoked bacon, green onions and a blend of cheeses. Served with Honey Dijon. (620-780 cal.) **13.99**

Chicken Fried Chicken

Tender chicken breast hand-breaded and fried to a golden crisp. Served with white pepper gravy. (580-670 cal.) **12.99**

Hawaiian Chicken

Boneless chicken breast, marinated in a blend of teriyaki sauce, pineapple juice and special seasonings. Served on a bed of rice pilaf. (430 cal.) **12.99**

Southwest Chipotle Tips

Tender pieces of chicken seasoned and grilled with sautéed peppers and onions, topped with chipotle cream sauce and two shrimp, all on a bed of rice pilaf. (610 cal.) **12.59**

Country Fried Steak

Battered and fried country style, covered in your choice of white pepper or mushroom gravy. (820/760 cal.) **12.99**

Grilled Pork Chop

Center-cut pork chop, lightly seasoned, grilled until tender and juicy. Topped with Onion Tanglers. Served with raspberry chipotle sauce. **Single** (540-690 cal.) **10.99**
Double (930-1080 cal.) **15.99**

Mesquite Grilled Chicken

Boneless chicken breast mesquite grilled. Served on a bed of rice pilaf. (430 cal.) **12.59**

Homestyle Chicken Strips

Chicken fillets hand-breaded and fried to a golden crisp. Served with Honey Dijon. (520-680 cal.) **13.59**

SOUP, SALADS & PASTA

Includes a basket of homemade yeast rolls. Roll (120 cal.) and whipped butter (250 cal.).

Loaded Baked Potato Soup Bowl (320 cal.) 3.99

Mesquite Grilled Chicken Salad

Grilled chicken strips. Served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons and purple onion. (640-1280 cal.) **12.79**

Grilled Sirloin Salad★

Strips of mesquite grilled sirloin. Served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons and purple onion. (860-1500 cal.) **13.99**

★Fried Chicken Salad

Hand-breaded chicken fillets. Served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons and purple onion. (760-1400 cal.) **12.99**

Texas House Salad

Fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, purple onion, croutons and diced Applewood smoked bacon. (660-1300 cal.) **8.99**

Strawberry Pecan Salad

Fresh mixed greens, mandarin oranges, strawberries, feta cheese and candied pecans. (730-1370 cal.) **10.99**
with Grilled Chicken (990-1630 cal.) **15.99**

Caesar Salad

Texas-sized portion of crisp romaine lettuce and croutons tossed in our special Caesar dressing. Topped with purple onion, sliced egg and parmesan cheese. (310-790 cal.) **7.99**
with Grilled Chicken (580-1060 cal.) **12.99**
Grilled Shrimp (480-970 cal.) **12.99**
Grilled Salmon★ (720-1200 cal.) **17.99**

Pasta Alfredo

Pasta with Alfredo sauce and broccoli. Topped with Applewood smoked bacon, diced tomatoes and parmesan cheese. (1840 cal.) **9.99**
with Grilled or Fried Chicken (2090/2100 cal.) **13.99**
Grilled Shrimp (1930 cal.) **14.99**
Both (2020 cal.) **15.99**

FISH & SEAFOOD

Includes a regular side of your choice. Sub a premium side for **1.00**. Add an additional regular side for **2.99**.

Mesquite Grilled Salmon★

Salmon fillet, lightly seasoned and mesquite grilled. Served with raspberry chipotle sauce. (410-560 cal.) **17.99**

Grilled Shrimp

Lightly seasoned and grilled. Served on a bed of rice pilaf with melted butter. (390-790 cal.) **14.99**

★Blackened Salmon★

Grilled and blackened to perfection. Served with raspberry chipotle sauce. (540-690 cal.) **18.99**

Golden Fried Shrimp

Hand-breaded and fried to golden perfection. Served with spicy cocktail sauce. (330-390 cal.) **14.99**

Fried Catfish

Hand-breaded, golden fried, domestic, farm-raised catfish. Served with apple coleslaw, hushpuppies and tartar sauce. (790-1360 cal.) **15.99**

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We cook your steak your way... **RARE** (cool, red center)
MEDIUM RARE (warm, red center) · **MEDIUM** (warm, pink center)
MEDIUM WELL (thin pink line) · **WELL** (cooked throughout)

★ J.T.'s Favorites