

# LUNCH MENU

MONDAY-FRIDAY (LUNCH HOURS VARY)

## J.T.'S LUNCH ENTREES

Includes a regular side of your choice.

### ★Sirloin\* 6 oz.

J.T.'s most popular steak. Lean and generously seasoned with Colton's spices. (410 cal.) **9.99**

### Mesquite Grilled Chicken

Boneless chicken breast mesquite grilled, served on a bed of rice pilaf. (430 cal.) **8.99**

### Shrimp (Grilled or Fried)

Lightly seasoned and grilled, served on a bed of rice pilaf, or hand-breaded and fried to golden perfection. (320-720/230-290 cal.) **9.29**

### Chicken Fried Chicken

Tender chicken breast hand-breaded and fried to a golden crisp. Served with white pepper gravy. (580-670 cal.) **9.99**

### Southwest Chipotle Tips

Tender pieces of chicken seasoned and grilled with sautéed peppers and onions, topped with chipotle cream sauce and two shrimp, all on a bed of rice pilaf. (610 cal.) **9.99**

### ★Colton's "Loaded" Chicken

Chicken breast perfectly grilled, covered in sautéed mushrooms, Applewood smoked bacon, green onions, and a blend of cheeses. Served with Honey Dijon. (620-780 cal.) **10.99**

### Chopped Steak\*

10 oz. hamburger steak with sautéed peppers and onions topped with Onion Tanglers. (580 cal.) **8.59**

### Homestyle Chicken Tenders

Tender chicken fillets hand-breaded and fried to a golden crisp. Served with Honey Dijon. (520-680 cal.) **8.59**

### ★Fried Catfish

Hand-breaded, golden fried, domestic, farm-raised catfish. Served with apple coleslaw, hushpuppies, and tartar sauce. (500-1070 cal.) **9.99**

### Sirloin Tips\*

Tender sirloin tips with sautéed peppers and onions. (510 cal.) **9.99**

### Country Fried Steak

Battered and fried country style, covered in your choice of white pepper or mushroom gravy. (820/760 cal.) **10.99**

### Colton's Smoked Ribs

St. Louis style, hickory smoked daily. Served with barbeque sauce and apple coleslaw. (980-1230 cal.) **10.99**

### ★Montana Burger\*

Juicy burger with Applewood smoked bacon, cheddar cheese, barbeque sauce, and Onion Tanglers. Served with lettuce and tomato. (1110 cal.) **9.99**

### Deluxe Grilled Chicken Sandwich

Tender chicken breast with Swiss cheese and Applewood smoked bacon on a Ciabatta bun. Served with Honey Dijon. (720-880 cal.) **9.99**

### J.T.'s Charbroiled Lonesome Burger\*

With lettuce, tomato, pickles, and onion. (780 cal.) **8.59**

### Bacon Cheeseburger\*

Lonesome Burger with cheddar or Swiss cheese and Applewood smoked bacon. (930 cal.) **9.59**

### Philly Steak Sandwich

Tender beef sliced thin with grilled onions, mushrooms, peppers, and Swiss cheese on a hoagie bun. (660 cal.) **9.59**

### Smoked Turkey Club

Shaved smoked turkey, Swiss cheese, Applewood smoked bacon, lettuce and tomato on wheat berry bread with sauce. (470-550 cal.) **9.59**

### Mesquite Grilled Chicken Sandwich

Juicy chicken breast with lettuce and tomato on a Ciabatta bun. (530 cal.) **8.79**

### Swiss Mushroom Burger\*

Juicy burger with Swiss cheese, sautéed mushrooms, lettuce, and tomato. (850 cal.) **9.79**

# LUNCH SOUP & SALADS

Includes a basket of homemade yeast rolls. Roll (120 cal.) and whipped butter (250 cal.).

### Strawberry Pecan Salad

Fresh mixed greens, mandarin oranges, strawberries, feta cheese, and candied pecans. (730-1370 cal.) **8.99**

with Grilled Chicken (990-1630 cal.) **12.99**

### ★Fried Chicken Salad

Hand-breaded chicken tenders, served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (760-1400 cal.) **9.99**

### Mesquite Grilled Chicken Salad

Grilled chicken strips, served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (640-1280 cal.) **9.99**

### Southwest Chicken Salad

Blackened chicken strips, served on a bed of fresh mixed greens, diced tomatoes, and black bean corn salsa, topped with thinly sliced tortilla chips. (680-1320 cal.) **10.29**

### BLT Wedge Salad

Wedge of iceberg lettuce topped with tomatoes, Applewood smoked bacon, bleu cheese crumbles, and ranch dressing. (250-690 cal.) **7.99**

### Texas House Salad

Fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, purple onion, croutons, and diced Applewood smoked bacon. (660-1300 cal.) **6.99**

### Caesar Salad

Texas-sized portion of crisp romaine lettuce and croutons tossed in our Caesar dressing. Topped with purple onion, sliced egg, and parmesan cheese. (310-790 cal.) **6.99**

with Grilled Chicken (580-1060 cal.) **10.99**

Grilled Shrimp (480-970 cal.) **11.99**

### Loaded Baked Potato Soup Bowl

(320 cal.) **3.79**

### Soup & Salad

A steaming bowl of loaded baked potato soup (320 cal.) and a house or Caesar salad. (180-500/160-400 cal.) **5.99**

## SIDES

Substitute a premium side for an additional **1.00**.

### Regular Sides 2.79

+ House Salad (180-500 cal.)

+ Caesar Salad (160-400 cal.)

+ French Fries (360 cal.)

+ Baked Potato (260-620 cal.)

+ Fried Okra (250 cal.)

+ Sweet Potato Fries (400-500 cal.)

+ Baked Sweet Potato (450-720 cal.)

+ Smashed Potatoes (100-460 cal.)

+ Steamed Veggies (180 cal.)

+ Green Beans (110 cal.)

### Premium Sides 3.79

+ Mac & Cheese (460 cal.)

+ Sautéed Mushrooms (160 cal.)

+ Loaded Baked Potato (970 cal.)

+ Loaded Smashed Potatoes (800 cal.)

+ Grilled Corn on the Cob (360 cal.)

+ Loaded Baked Potato Soup (320 cal.)

## DESSERTS

### ★Ultimate

### Brownie Sin-Sation

Caramel topped pecan brownie with Yarnell's vanilla ice cream, hot fudge, whipped topping, and a cherry. (1090 cal.) **5.99**

### Skillet Cookie

Fresh oven-baked chocolate chip cookie topped with Yarnell's vanilla ice cream and hot fudge. (1160 cal.) **5.99**

### Bread Pudding

Homemade bread pudding, served warm with pecan praline sauce. (1130 cal.) **3.99**

with Yarnell's vanilla ice cream (1260 cal.) **5.99**

### New York Style Cheesecake

With your choice of pecan praline sauce, chocolate, raspberry, or caramel topping. (870-1130 cal.) **5.99**

## BEVERAGES

Proudly serving Coke® Products  
Gift Cards available in store or online at  
[ColtonsSteakHouse.com](http://ColtonsSteakHouse.com)



We Know What's At *Steak!*™

## Colton's Steak House & Grill

32 West Alexander Blvd.

Sand Springs, OK 74063

(918) 245-1000

CALL AHEAD TO HAVE YOUR  
TAKE-OUT ORDER READY

## APPETIZERS

### ★Onion Tanglers

Thinly sliced sweet white onions, lightly breaded and golden fried. Served with Colton's signature sauce. (570-1090 cal.) **5.99**

### Spinach Artichoke Dip

Creamy mozzarella and parmesan cheese blended with spinach, artichokes, and minced garlic. Served with tortilla chips. (910 cal.) **7.99**

### Boneless Honey

### Barbeque Wings

Breaded boneless chicken bites tossed in our honey barbeque sauce. Served with ranch dressing. (720-1160 cal.) **7.99**

### Fried Pickles

Dill slices coated in Colton's seasoned breading and fried to a golden crisp. Served with spicy ranch dressing. (460-900 cal.) **5.79**

### Queso Dip

Cheese dip with seasoned ground beef. Served with tortilla chips. (900 cal.) **6.29**

### ★J.T.'s Onion Blossom

Colossal fried onion. Served with Colton's signature sauce. (570-1090 cal.) **7.99**

### Trail Potatoes

Crispy halves of skin-on baked potatoes, loaded with a blend of melted cheeses and bacon, sprinkled with chives. Served with ranch dressing. (1210-1650 cal.) **7.59**

### Texas-Sized Cheese Sticks

Large breaded and fried sticks of melting hot mozzarella cheese. Served with marinara sauce. (990-1050 cal.) **8.99**

### Cheese Fries

French fries layered in a blend of cheeses, topped with bacon and green onions. Served with spicy ranch dressing. (1420-1860 cal.) **7.99**

### Chipotle Chicken Nachos

Crispy nacho chips covered in a blend of cheeses, refried beans, chicken, rice, and chipotle sauce. Topped with lettuce, diced tomatoes and sour cream. Served with jalapeños. (2340 cal.) **8.99**

### Santa Fe Eggrolls

Flaky flour tortillas with tender pieces of chicken, veggies, and Southwest spices fried to a golden brown. Served with spicy ranch dressing. (610-1050 cal.) **8.99**

### Smoked Salmon Dip

Smoked salmon blended with cream cheese, capers, onions and chipotle peppers. Served with crispy pita chips. (330 cal) **8.99**

A 2,000 calorie daily diet is used as the basis for general nutrition advice.

Individual calorie needs may vary.

Additional nutrition information is available upon request.

## BURGERS & SANDWICHES

Colton's burgers are made with a half-pound of fresh ground beef and seasoned with our special spices. Includes a regular side of your choice.

Add an additional regular side for **2.79**.

### ★Montana Burger★

Juicy burger with Applewood smoked bacon, cheddar cheese, barbeque sauce, and Onion Tanglers. Served with lettuce and tomato. (1110 cal.) **10.79**

### J.T.'s Charbroiled Lonesome Burger★

With lettuce, tomato, pickles, and onion. (780 cal.) **9.29**

### Bacon Cheeseburger★

Lonesome Burger with cheddar or Swiss cheese and Applewood smoked bacon. (930 cal.) **9.99**

### Smoked Turkey Club

Shaved smoked turkey, Swiss cheese, Applewood smoked bacon, lettuce and tomato on wheat berry bread with sauce. (470-550 cal.) **10.59**

### Swiss Mushroom Burger★

Juicy burger with Swiss cheese, sautéed mushrooms, lettuce, and tomato. (850 cal.) **10.59**

### Mesquite Grilled Chicken Sandwich

Juicy chicken breast with lettuce and tomato on a Ciabatta bun. (530 cal.) **9.79**

### Deluxe Grilled Chicken Sandwich

Tender chicken breast with Swiss cheese and strips of Applewood smoked bacon on a Ciabatta bun. Served with Honey Dijon. (720-880 cal.) **10.59**

### Philly Steak Sandwich

Tender beef sliced thin with grilled onions, mushrooms, peppers, and Swiss cheese on a hoagie bun. (660 cal.) **9.99**

\*Cooked to order. Eating raw or undercooked meat, poultry, eggs, or seafood may cause foodborne illness.

## RIBS & COMBOS

Includes two regular sides of your choice.

Sub a premium side for **1.00** or a BLT Wedge (690 cal.) or a Strawberry Pecan Salad (660 cal.) for **2.99**.

### ★Ribs & Catfish

Half order of ribs with hand-breaded, golden fried, domestic, farm-raised catfish. Served with apple coleslaw and hushpuppies. (1320-1970 cal.) **19.99**

### Ribeye★ & Shrimp

12 oz. ribeye with grilled or fried shrimp. (1060-1460/1100-1160 cal.) **25.99**

### Ribs & Chicken

Half order of ribs with a mesquite grilled chicken breast. Served with apple coleslaw. (1240-1490 cal.) **18.99**

### Sirloin★ & Ribs

6 oz. sirloin with a half order of ribs. Served with apple coleslaw. (1220-1470 cal.) **20.99**

### Sirloin★ & Shrimp

6 oz. sirloin with grilled or fried shrimp. (680-1080/730-790 cal.) **17.99**

### Colton's Smoked Ribs

St. Louis style, hickory smoked daily. Served with barbeque sauce and apple coleslaw.

Limited Availability.

**Half Order** (980-1230 cal.) **14.99**

**Full Order** (1630-1880 cal.) **19.99**

## STEAK DINNERS

Our steaks are USDA choice and grilled over mesquite wood. Includes two regular sides of your choice. Sub a premium side for **1.00** or a BLT Wedge (690 cal.) or a Strawberry Pecan Salad (660 cal.) for **2.99**.

### ★Sirloin★

J.T.'s most popular steak. Lean and generously seasoned with Colton's spices.

**12 oz.** (770 cal.) **17.99**

**9 oz.** (590 cal.) **15.99**

**6 oz.** (410 cal.) **11.99**

### Smoked Sirloin★

(limited availability) Slow smoked and sliced to order. Served with grilled corn on the cob, au jus and horseradish sauce. **10 oz.** (840-1020 cal.) **16.99**

### Del Rio Ribeye★

Rubbed with bold Southwest spices, topped with ancho chipotle butter and Onion Tanglers. **12 oz.** (1350 cal.) **22.99**

### Hawaiian Ribeye★

Marinated in our special Hawaiian seasonings and garnished with grilled pineapple. **12 oz.** (950 cal.) **22.99**

### Ribeye★

Marbled, juicy and full of flavor.

**16 oz.** (1240 cal.) **26.99**

**12 oz.** (940 cal.) **20.99**

### Filet Mignon★

Wrapped in Applewood smoked bacon. **8 oz.** (640 cal.) **20.99**

### Sirloin Tips★

Tender sirloin tips with sautéed peppers and onions. (510 cal.) **11.99**

### Chopped Steak★

10 oz. hamburger steak with sautéed peppers and onions, topped with Onion Tanglers. (580 cal.) **11.99**

### New York Strip★

A steak lover's favorite.

**12 oz.** (820 cal.) **19.99**

### T-Bone★

J.T.'s largest Steak!

**18 oz.** (990 cal.) **25.99**

### Toppings

**Del Rio Style** (450 cal.) **2.00**  
**Mushrooms & Onions** (150 cal.) **2.00**  
**Feta Cheese & Bacon** (140 cal.) **2.50**

### Add-Ons

**Grilled, Fried or Del Rio Shrimp** (250/210/330 cal.) **5.99**

## FAVORITES

Includes a regular side of your choice. Sub a premium side for **1.00** or a BLT Wedge (690 cal.) or a Strawberry Pecan Salad (660 cal.) for **2.99**. Add an additional regular side for **2.79**.

### ★Colton's "Loaded" Chicken

Chicken breast perfectly grilled, covered in sautéed mushrooms, Applewood smoked bacon, green onions, and a blend of cheeses. Served with Honey Dijon. (620-780 cal.) **12.79**

### Chicken Fried Chicken

Tender chicken breast hand-breaded and fried to a golden crisp. Served with white pepper gravy. (580-670 cal.) **11.99**

### Grilled Pork Chop

Center-cut pork chop, lightly seasoned, grilled until tender and juicy. Topped with Onion Tanglers. Served with raspberry chipotle sauce.

**Single** (540-690 cal.) **9.99**

**Double** (930-1080 cal.) **12.99**

### Southwest Chipotle Tips

Tender pieces of chicken seasoned and grilled with sautéed peppers and onions, topped with chipotle cream sauce and two shrimp, all on a bed of rice pilaf. (610 cal.) **11.99**

### Country Fried Steak

Battered and fried country style, covered in your choice of white pepper or mushroom gravy. (820/760 cal.) **12.29**

### Hawaiian Chicken

Boneless chicken breast, marinated in a blend of teriyaki sauce, pineapple juice, and special seasonings. Served on a bed of rice pilaf. (430 cal.) **11.99**

### Mesquite Grilled Chicken

Boneless chicken breast mesquite grilled, served on a bed of rice pilaf. (430 cal.) **10.99**

### Homestyle Chicken Tenders

Tender chicken fillets hand-breaded and fried to a golden crisp. Served with Honey Dijon. (520-680 cal.) **11.99**

## SOUP, SALADS & PASTA

Includes a basket of homemade yeast rolls. Roll (120 cal.) and whipped butter (250 cal.).

### Loaded Baked Potato Soup Bowl (320 cal.) 3.79

### Mesquite Grilled Chicken Salad

Grilled chicken strips served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (640-1280 cal.) **10.99**

### Southwest Chicken Salad

Blackened chicken strips served on a bed of fresh mixed greens, diced tomatoes, and black bean corn salsa, topped with thinly sliced tortilla chips. (680-1320 cal.) **11.29**

### ★Fried Chicken Salad

Hand-breaded chicken tenders served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (760-1400 cal.) **10.99**

### Grilled Sirloin Salad★

Strips of mesquite grilled sirloin served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (860-1500 cal.) **12.99**

### Texas House Salad

Fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, purple onion, croutons, and diced Applewood smoked bacon. (660-1300 cal.) **7.99**

### Strawberry Pecan Salad

Fresh mixed greens, mandarin oranges, strawberries, feta cheese, and candied pecans. (730-1370 cal.) **9.99**

**with Grilled Chicken** (990-1630 cal.) **14.99**

### BLT Wedge Salad

Wedge of iceberg lettuce topped with tomatoes, Applewood smoked bacon, bleu cheese crumbles, and ranch dressing. (250-690 cal.) **7.99**

### Caesar Salad

Texas-sized portion of crisp romaine lettuce and croutons tossed in our special Caesar dressing. Topped with purple onion, sliced egg, and parmesan cheese. (310-790 cal.) **7.99**

**with Grilled Chicken** (580-1060 cal.) **11.99**

**Grilled Shrimp** (480-970 cal.) **12.99**

**Grilled Salmon** (720-1200 cal.) **15.99**

### Pasta Alfredo

Pasta with Alfredo sauce and broccoli. Topped with Applewood smoked bacon, diced tomatoes, and parmesan cheese. (1840 cal.) **9.99**

**with Grilled or Fried Chicken** (2090/2100 cal.) **13.99**

**Grilled Shrimp** (1930 cal.) **14.99**

**Both** (2020 cal.) **15.99**

## FISH & SEAFOOD

Includes a regular side of your choice. Sub a premium side for **1.00** or a BLT Wedge (690 cal.) or a Strawberry Pecan Salad (660 cal.) for **2.99**. Add an additional regular side for **2.79**.

### Fried Catfish

Hand-breaded, golden fried, domestic, farm-raised catfish. Served with apple coleslaw, hushpuppies, and tartar sauce. (790-1360 cal.) **14.29**

### Mesquite Grilled Salmon★

Salmon fillet, lightly seasoned and mesquite grilled. Served with raspberry chipotle sauce. (410-560 cal.) **16.99**

### ★Blackened Salmon★

Grilled and blackened to perfection. Served with raspberry chipotle sauce. (540-690 cal.) **17.99**

### Grilled Shrimp

Lightly seasoned and grilled, served on a bed of rice pilaf with melted butter. (390-790 cal.) **14.59**

### Golden Fried Shrimp

Hand-breaded and fried to golden perfection. Served with spicy cocktail sauce. (330-390 cal.) **14.59**

### Bourbon Bacon Salmon★

Mesquite grilled salmon fillet brushed with smoky bourbon glaze and topped with Applewood smoked bacon. (620 cal.) **18.59**

A 2,000 calorie daily diet is used as the basis for general nutrition advice. Individual calorie needs may vary. Additional nutrition information is available upon request.

We cook your steak your way... **RARE** (cool, red center)  
**MEDIUM RARE** (warm, red center) · **MEDIUM** (warm, pink center)  
**MEDIUM WELL** (thin pink line) · **WELL** (cooked throughout)

★ J.T.'s Favorites