LUNCH MENU MONDAY-FRIDAY (LUNCH HOURS VARY)

#### **I.T.'S LUNCH ENTRÉES** ncludes a regular side of your choice.

#### Sirloin\* 6 oz. J.T.'s most popular steak. Lean and generously seasoned with Colton's spices. (410 cal.) 12.99

Mesquite Grilled Chicken Boneless chicken breast mesquite grilled Served on a bed of rice pilaf. (430 cal.) 11.99

Shrimp (Grilled or Fried) Lightly seasoned, grilled, and served on a bed of rice pilaf or hand-breaded, fried, and served over Onion Tanglers. (320-720/440-500 cal.) 10.99

Chicken Fried Chicken Tender chicken breast hand-breaded and fried to a golden crisp. Served with white pepper gravy. (580-670 cal.) 11.99

Southwest Chipotle Tips Tender pieces of chicken seasoned and grilled with sautéed peppers and onions, topped with chipotle cream sauce and two shrimp, served on a bed of rice pilaf. (610 cal.) 12.29

Colton's "Loaded" Chicken Chicken breast perfectly grilled, covered in sautéed mushrooms, crispy bacon, green onions, and a blend of cheeses. Served with honey dijon (620-780 cal.) 13.99

#### Chopped Steak\* 10 oz. hamburger steak with sautéed peppers and onions, topped with Onion Tanglers. (580 cal.) 10.79

Homestyle Chicken Strips Chicken fillets hand-breaded and fried to a golden crisp. Served with honey dijon. (520-680 cal.) 11.59

Fried Catfish Hand-breaded, golden fried, domestic, farm-raised catfish. Served with apple coleslaw, hushpuppies, and tartar sauce. (500-1070 cal.) 12.99

Sirloin Tips\* Tender sirloin tips with sautéed peppers and onions. (510 cal.) 12.79

**Country Fried Steak** Battered and fried country style, covered in your choice of white pepper or mushroom gravy. (820/760 cal.) 12.99

Colton's Smoked Ribs St. Louis style, hickory smoked daily. Served with barbeque sauce and apple coleslaw. (980-1230 cal.) 14.59

## LUNCH SOUP & SALADS

Includes a basket of homemade yeast rolls Roll (120 cal.) and whipped butter (250 cal.).

Loaded Baked Potato Soup Bowl (320 cal.) 4.59

#### BLT Wedge Salad

Wedge of iceberg lettuce topped with tomatoes, crispy bacon, bleu cheese crumbles, and ranch dressing. (250-690 cal.) 8.99

#### House Salad

Bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced eqq, shredded carrots, croutons, and purple onion. (370-1010 cal.) 7.99

#### Caesar Salad

Texas-sized portion of crisp romaine lettuce and croutons tossed in our Caesar dressing. Topped with purple onion, sliced egg, and parmesan cheese (310-790 cal.) 7.99

#### SIDES

#### Substitute a premium side for an additional 1.00.

#### Regular Sides 3.59

- + House Salad + Baked Sweet (180-500 cal.) Potato (450-720 cal.) + Caesar Salad
- + Smashed (160-400 cal.) Potatoes + French Fries
- (360 cal.) Steamed + Baked Potato
- Veggies (260-620 cal.) (180 cal.) + Fried Okra Green Beans (250 cal.) (110 cal.)

#### DESSERTS

#### Ultimate

**Brownie Sin-Sation** Caramel topped pecan brownie with vanilla ice cream, hot fudge, whipped topping, and a cherry. (1090 cal.) 6.99

Fresh oven-baked chocolate chip cookie topped with vanilla ice cream and hot fudge. (1160 cal.) 6.99

#### BEVERAGES

Proudly serving Coke® Products Gift Cards available in store or online at ColtonsSteakHouse.com

Menu items and prices are subject to change.

# COLTON'S Steak House & Grill

## We Know What's At Steak!





Menu Online

## Pick Up At:

32 W. Alexander Blvd. Sand Springs, OK 74063 (918) 245-1000

ORDER ONLINE OR CALL AHEAD TO HAVE YOUR TAKE-OUT ORDER READY

#### **APPETIZERS**

#### **\***Onion Tanglers

Thinly sliced sweet white onions, lightly breaded, and golden fried. Served with Colton's signature sauce. (370-890 cal.) 7.99

#### Spinach Artichoke Dip Creamy mozzarella and parmesan

cheese blended with spinach, artichokes, and minced garlic. Served with tortilla chips. (910 cal.) 9.99

#### **Boneless Honey**

**Barbeque Wings** Breaded boneless chicken bites tossed in our honey barbeque sauce. Served with ranch dressing. (720-1160 cal.) 10.29

#### Fried Pickles

Dill slices coated in Colton's seasoned breading and fried to a golden crisp. Served with spicy ranch dressing. (460-900 cal.) 7.99

#### **Oueso** Dip

Cheese dip with seasoned ground beef. Served with tortilla chips. (900 cal.) 8.99

★J.T.'s Onion Blossom Colossal fried onion. Served with Colton's signature sauce. (570-1090 cal.) 8.99

#### **Texas-Sized Cheese Sticks** Large breaded and fried sticks of melting hot mozzarella cheese. Served with marinara sauce. (990-1050 cal.) 12.59

#### Trail Potatoes

Crispy halves of skin-on baked potatoes, loaded with a blend of melted cheeses and bacon, sprinkled with chives. Served with ranch dressing. (1210-1650 cal.) 9.99

#### Cheese Fries

French fries layered in a blend of cheeses, topped with bacon and green onions. Served with spicy ranch dressing. (1420-1860 cal.) 9.99

#### Chipotle Chicken Nachos

Crispy nacho chips covered in a blend of cheeses, refried beans, chicken, rice, and chipotle sauce. Topped with lettuce, diced tomatoes, and sour cream. Served with jalapeños.(2340 cal.) 10.99

#### Fried Green Beans

Fresh cut green beans battered and fried to crispy perfection. Served with spicy ranch dressing. (670-1110 cal.) 6.99

#### LUNCH BURGERS & SANDWICHES Colton's burgers are made with a half-pound of fresh ground beef and seasoned with our special spices. Includes a regular side of your choice.

\*Montana Burger\*

Juicy burger with bacon, cheddar cheese, barbeque sauce, and Onion Tanglers. Served with lettuce and tomato. (1110 cal.) 13.59

J.T.'s Charbroiled Lonesome Burger\* With lettuce, tomato, pickles, and onion. (780 cal.) 11.59

Bacon Cheeseburger\* Lonesome Burger with cheddar or Swiss cheese and crispy bacon. (930 cal.) 12.99

Swiss Mushroom Burger\* Juicy burger with Swiss cheese, sautéed mushrooms, lettuce, and tomato. (850 cal.) 12.99

A 2,000 calorie daily diet is used as the basis for general nutrition advice. Individual calorie needs may vary. Additional nutrition information is available upon request.

Deluxe Grilled Chicken Sandwich Tender chicken breast with Swiss cheese

and crispy bacon on a ciabatta bun. Served with honey dijon (720-880 cal.) 12.59

Mesquite Grilled Chicken Sandwich Juicy chicken breast with lettuce and tomato on a ciabatta bun. (530 cal.) 11.59

Philly Steak Sandwich

on a hoagie bun. (660 cal.) 11.99

Tender beef sliced thin with grilled onions,

mushrooms, peppers, and Swiss cheese

Skillet Cookie

sauce, chocolate, strawberry, or caramel topping. (870-1130 cal.) 7.99

⊦ Sweet Potato Fries (400-500 cal.)

+ Mac & Cheese + Loaded Smashed (460 cal.) Potatoes + Sautéed (800 cal.) Mushrooms (160 cal.) + Corn on the Cob + Loaded (360 cal.)

Strawberry Pecan Salad

strawberries, feta cheese, and candied pecans. (730-1370 cal.) 10.59

Texas Salad

Fresh mixed greens, mandarin oranges,

Fresh mixed greens, shredded cheese,

diced tomatoes, sliced eqq, shredded

carrots, purple onion, croutons, and

chopped bacon. (660-1300 cal.) 8.99

Pick Your Salad Protein Add-On

(excludes BLT Salad)

Fried Chicken (390 cal.) 5.00

Grilled Chicken (270 cal.) 5.00

Grilled Shrimp (180 cal.) 6.00

Grilled Salmon\* (400 cal.) 10.00

Grilled Sirloin\* (480 cal.) 7.00

Premium Sides 4.59

Loaded Baked Potato Soup

Homemade bread pudding served

New York Style Cheesecake

With your choice of pecan praline

warm with pecan praline sauce.

**Baked Potato** (970 cal.)

Bread Pudding

(1130 cal.) 4.99

(1260 cal.) 6.99

with vanilla ice cream

(320 cal.)

## (100-460 cal.)

#### **BURGERS & SANDWICHES**

Colton's burgers are made with a half-pound of fresh ground beef and seasoned with our special spices. Includes a regular side of your choice. Add an additional regular side for 3.59.

#### \*Montana Burger\*

Juicy burger with bacon, cheddar cheese, barbeque sauce, and Onion Tanglers. Served with lettuce and tomato. (1110 cal.) 14.59

J.T.'s Charbroiled Lonesome Burger\* With lettuce, tomato, pickles, and onion. (780 cal.) 12.59

Bacon Cheeseburger\* Lonesome Burger with cheddar or Swiss cheese and crispy bacon. (930 cal.) 13.99

Swiss Mushroom Burger\* Juicy burger with Swiss cheese, sautéed mushrooms, lettuce, and tomato. (850 cal.) 13.99

\*Cooked to order. Eating raw or undercooked meat, poultry,

## **RIBS & COMBOS** Includes two regular sides of your choice.

Sub a premium side for 1.00 or sub a BLT Wedge (690 cal.) or a Strawberry Pecan Salad (660 cal.) for 3.99.

#### Sirloin\* & Shrimp

6 oz. sirloin with grilled or fried shrimp. (680-1080/730-790 cal.) 20.99

#### Ribs & Catfish

Half order of ribs with hand-breaded, golden fried, domestic, farm-raised catfish. Served with apple coleslaw and hushpuppies. (1320-1970 cal.) 22.99

**Ribs & Chicken** Half order of ribs with a mesquite grilled chicken breast. Served with apple coleslaw. (1240-1490 cal.) 22.99

(1220-1470 cal.) 23.99 Ribeye\* & Shrimp

or fried shrimp. (1060-1460/1100-1160 cal.) 32.99

Colton's Smoked Ribs Served with barbeque sauce and apple coleslaw. Limited Availability Half Order (980-1230 cal.) 17.99 Full Order (1630-1880 cal.) 22.99

A 2,000 calorie daily diet is used as the basis for general nutrition advice. Individual calorie needs may vary. Additional nutrition information is available upon request.

Mesquite Grilled Chicken Sandwich Juicy chicken breast with lettuce and tomato on a ciabatta bun. (530 cal.) 12.59

#### Deluxe Grilled Chicken Sandwich

Tender chicken breast with Swiss cheese and strips of crispy bacon on a ciabatta bun. Served with honey dijon. (720-880 cal.) 13.59

#### Philly Steak Sandwich

Tender beef sliced thin with grilled onions, mushrooms, peppers, and Swiss cheese on a hoagie bun. (660 cal.) 13.99

eggs, or seafood may cause foodborne illness.

#### Sirloin\* & Ribs

6 oz. sirloin with a half order of ribs. Served with apple coleslaw.

12 oz. ribeye with grilled

St. Louis style, hickory smoked daily.

### **STEAK DINNERS**

Our steaks are USDA choice and grilled over mesquite wood. Includes two regular sides of your choice. Sub a premium side for 1.00 or sub a BLT Wedge (690 cal.) or a Strawberry Pecan Salad (660 cal.) for 3.99.

#### Ribeve\*

Marbled, juicy, and full of flavor.

Tender sirloin tips with sautéed

peppers and onions. (510 cal.) 15.99

10 oz. hamburger steak with sautéed

Add-Ons

Grilled, Fried, or Del Rio Shrimp

(250/210/330 cal.) 6.99

peppers and onions, topped with

Onion Tanglers. (580 cal.) 14.99

16 oz. (1240 cal.) 33.99

12 oz. (940 cal.) 26.99

8 oz. (640 cal.) 29.99

Filet Mignon\*

Sirloin Tips\*

Chopped Steak\*

New York Strip\*

J.T.'s largest Steak!

T-Bone\*

A steak lover's favorite.

12 oz.(890 cal.) 23.99

18 oz. (990 cal.) 29.99

**Country Fried Steak** 

Battered and fried country style,

covered in your choice of white

pepper or mushroom gravy.

Wrapped in bacon

J.T.'s most popular steak. Lean and generously seasoned with Colton's spices. 10 oz. (770 cal.) 19.99 6 oz. (410 cal.) 15.99

#### Smoked Sirloin\*

\*Sirloin\*

(limited availability) Slow smoked and sliced to order. Served with corn on the cob, au jus, and horseradish sauce. **10 oz**. (840-1020 cal.) **19.99** 

#### Del Rio Ribeye\* Rubbed with bold Southwest spices. topped with ancho chipotle butter and Onion Tanglers. 12 oz. (1350 cal.) 27.99

Hawaiian Ribeye\* Marinated in our special Hawaiian seasonings and garnished with grilled pineapple. 12 oz. (950 cal.) 27.99

#### Toppings

Del Rio Style (450 cal.) 2.50 Mushrooms & Onions (150 cal.) 2.50 Feta Cheese & Bacon (140 cal.) 2.50

#### FAVORITES

Includes a regular side of your choice. Sub a premium side for 1.00 or sub a BLT Wedge (690 cal.) or a Strawberry Pecan Salad (660 cal.) for 3.99. Add an additional regular side for 3.59.

Colton's "Loaded" Chicken Chicken breast perfectly grilled, covered in sautéed mushrooms, crispy bacon, green onions, and a blend of cheeses. Served with honey dijon. (620-780 cal.) 15.99

Chicken Fried Chicken Tender chicken breast hand-breaded and fried to a golden crisp. Served with white pepper gravy. (580-670 cal.) **14.99** 

Hawaiian Chicken Boneless chicken breast, marinated in a blend of teriyaki sauce, pineapple juice, and special seasonings. Served on a bed of rice pilaf. (430 cal.) 14.99

#### Southwest Chipotle Tips

Tender pieces of chicken seasoned and grilled with sautéed peppers and onions, topped with chipotle cream sauce and two shrimp, served on a bed of rice pilaf. (610 cal.) 14.29

> We cook your steak your way ... RARE (cool, red center) MEDIUM RARE (warm, red center) · MEDIUM (warm, pink center) MEDIUM WELL (thin pink line) • WELL (cooked throughout)

## SOUP, SALADS & PASTA Includes a basket of homemade yeast rolls.

Roll (120 cal.) and whipped butter (250 cal.)

#### Loaded Baked Potato Soup Bowl (320 cal.) 4.59

Bed of fresh mixed greens,

sliced egg, shredded carrots,

croutons, and purple onion.

(370-1010 cal.) 8.99

shredded cheese, diced tomatoes,

Texas-sized portion of crisp romaine

Pick Your Salad

Protein Add-On

(excludes BLT Salad)

Fried Chicken (390 cal.) 6.00

Grilled Chicken (270 cal.) 6.00

Grilled Shrimp (180 cal.) 7.00

Grilled Salmon\* (400 cal.) 11.00

Grilled Sirloin\* (480 cal.) 8.00

lettuce and croutons tossed in our

special Caesar dressing. Topped

with purple onion, sliced egg,

and parmesan cheese.

(310-790 cal.) 8.99

House Salad

Caesar Salad

#### BLT Wedge Salad

Wedge of iceberg lettuce topped with tomatoes, crispy bacon, bleu cheese crumbles, and ranch dressing. (250-690 cal.) 9.99

#### Strawberry Pecan Salad

Fresh mixed greens, mandarin oranges, strawberries, feta cheese, and candied pecans. (730-1370 cal.) 11.99

#### **Texas Salad**

Fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, purple onion, croutons, and chopped bacon. (660-1300 cal.) 9.99

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#### Pasta Alfredo

Pasta with Alfredo sauce and broccoli. Topped with crispy bacon, diced tomatoes, and parmesan cheese. (1840 cal.) 10.99 with Grilled Chicken (2090 cal.) 15.99 Fried Chicken (2100 cal.) 15.99 Grilled Shrimp (1930 cal.) 15.99 Both (2020 cal.) 16.99

**FISH & SEAFOOD** Includes a regular side of your choice. Sub a premium side for 1.00 or sub a BLT Wedge (690 cal.) or a Strawberry Pecan Salad (660 cal.) for 3.99. Add an additional regular side for 3.59.

#### Fried Catfish

Hand-breaded, golden fried, domestic, farm-raised catfish. Served with apple coleslaw, hushpuppies, and tartar sauce. (790-1360 cal.) 16.59

#### NEW! Fish & Chips

Haddock fillets battered & fried to golden perfection. Served over a coleslaw, tartar sauce, and french fries "chips" or choice of one regular

#### ★ Blackened Salmon\*

Grilled and blackened to perfection. Served with raspberry chipotle sauce. (540-690 cal.) **19.99** 

#### Mesquite Grilled Salmon\*

Salmon fillet, lightly seasoned and mesquite grilled. Served with raspberry chipotle sauce. (410-560 cal.) 18.99

#### Grilled Shrimp

Lightly seasoned and grilled. Served on a bed of rice pilaf with melted butter. (390-790 cal.) 15.59

#### Golden Fried Shrimp

Hand-breaded and fried to golden perfection. Served over a bed of Onion Tanglers with a side of spicy cocktail sauce. (540-600 cal.) 15.59

J.T.'s Favorites

Single (540-690 cal.) 13.99 Double (930-1080 cal.) 17.99

## Mesquite Grilled Chicken

grilled. Served on a bed of rice pilaf. (430 cal.) 14.59 Homestyle Chicken Strips

fried to a golden crisp. Served with honey dijon. (520-680 cal.) 14.99

Boneless chicken breast mesquite

Chicken fillets hand-breaded and

(820/760 cal.) 14.79 Grilled Pork Chop Center-cut pork chop, lightly

seasoned, grilled until tender, and juicy. Topped with Onion Tanglers. Served with raspberry chipotle sauce.

bed of Onion Tanglers with apple

side. (610-1080 cal.) 15.99