

# LUNCH MENU

MONDAY-FRIDAY (LUNCH HOURS VARY)

## J.T.'S LUNCH ENTRÉES

Includes a regular side of your choice.

### ★Sirloin★ 6 oz.

J.T.'s most popular steak. Lean and generously seasoned with Colton's spices. (410 cal.) **12.99**

### Mesquite Grilled Chicken

Boneless chicken breast mesquite grilled. Served on a bed of rice pilaf. (430 cal.) **11.99**

### Shrimp (Grilled or Fried)

Lightly seasoned, grilled, and served on a bed of rice pilaf or hand-breaded, fried, and served over Onion Tanglers. (320-720/440-500 cal.) **10.99**

### Chicken Fried Chicken

Tender chicken breast hand-breaded and fried to a golden crisp. Served with white pepper gravy. (580-670 cal.) **11.99**

### Southwest Chipotle Tips

Tender pieces of chicken seasoned and grilled with sautéed peppers and onions, topped with chipotle cream sauce and two shrimp, served on a bed of rice pilaf. (610 cal.) **11.99**

### ★Colton's "Loaded" Chicken

Chicken breast perfectly grilled, covered in sautéed mushrooms, crispy bacon, green onions, and a blend of cheeses. Served with honey dijon. (620-780 cal.) **13.99**

### Chopped Steak★

10 oz. hamburger steak with sautéed peppers and onions, topped with Onion Tanglers. (580 cal.) **10.59**

### Homestyle Chicken Strips

Chicken fillets hand-breaded and fried to a golden crisp. Served with honey dijon. (520-680 cal.) **11.59**

### ★Fried Catfish

Hand-breaded, golden fried, domestic, farm-raised catfish. Served with apple coleslaw, hushpuppies, and tartar sauce. (500-1070 cal.) **12.99**

### Sirloin Tips★

Tender sirloin tips with sautéed peppers and onions. (510 cal.) **11.99**

### Country Fried Steak

Battered and fried country style, covered in your choice of white pepper or mushroom gravy. (820/760 cal.) **12.99**

### Colton's Smoked Ribs

St. Louis style, hickory smoked daily. Served with barbeque sauce and apple coleslaw. (980-1230 cal.) **13.99**

## LUNCH SOUP & SALADS

Includes a basket of homemade yeast rolls. Roll (120 cal.) and whipped butter (250 cal.).

### Loaded Baked Potato Soup

Bowl (320 cal.) **4.59**

### BLT Wedge Salad

Wedge of iceberg lettuce topped with tomatoes, crispy bacon, bleu cheese crumbles, and ranch dressing. (250-690 cal.) **8.99**

### House Salad

Bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (370-1010 cal.) **7.99**

### Caesar Salad

Texas-sized portion of crisp romaine lettuce and croutons tossed in our Caesar dressing. Topped with purple onion, sliced egg, and parmesan cheese. (310-790 cal.) **7.99**

### Strawberry Pecan Salad

Fresh mixed greens, mandarin oranges, strawberries, feta cheese, and candied pecans. (730-1370 cal.) **9.99**

### Texas Salad

Fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, purple onion, croutons, and chopped bacon. (660-1300 cal.) **8.99**

### Pick Your Salad Protein Add-On

(excludes BLT Salad)

Fried Chicken (390 cal.) **5.00**

Grilled Chicken (270 cal.) **5.00**

Grilled Shrimp (180 cal.) **6.00**

Grilled Salmon\* (400 cal.) **10.00**

Grilled Sirloin\* (480 cal.) **7.00**

## SIDES

Substitute a premium side for an additional **1.00**.

### Regular Sides 3.59

+ House Salad (180-500 cal.)

+ Caesar Salad (160-400 cal.)

+ French Fries (360 cal.)

+ Baked Potato (260-620 cal.)

+ Fried Okra (250 cal.)

+ Baked Sweet Potato (450-720 cal.)

+ Smashed Potatoes (100-460 cal.)

+ Steamed Veggies (180 cal.)

+ Green Beans (110 cal.)

### Premium Sides 4.59

+ Mac & Cheese (460 cal.)

+ Sautéed Mushrooms (160 cal.)

+ Loaded Baked Potato (970 cal.)

+ Grilled Asparagus (90 cal.)

+ Loaded Smashed Potatoes (800 cal.)

+ Corn on the Cob (360 cal.)

+ Sweet Potato Fries (400-500 cal.)

+ Loaded Baked Potato Soup (320 cal.)

## DESSERTS

### ★Ultimate Brownie Sin-Sation

Caramel topped pecan brownie with vanilla ice cream, hot fudge, whipped topping, and a cherry. (1090 cal.) **6.99**

### Skillet Cookie

Fresh oven-baked chocolate chip cookie topped with vanilla ice cream and hot fudge. (1160 cal.) **6.99**

### Bread Pudding

Homemade bread pudding served warm with pecan praline sauce. (1130 cal.) **4.99**  
with vanilla ice cream (1260 cal.) **6.99**

### New York Style Cheesecake

With your choice of pecan praline sauce, chocolate, strawberry, or caramel topping. (870-1130 cal.) **7.99**

## BEVERAGES

Proudly serving Coke® Products  
Gift Cards available in store or online at  
[ColtonsSteakHouse.com](http://ColtonsSteakHouse.com)

Menu items and prices are subject to change.



We Know What's At *Steak!*™

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Limited Menu Online

Pick Up At:

2431 Hwy 46 South  
Dickson, TN 37055  
(615) 560-5118

ORDER ONLINE OR CALL AHEAD  
TO HAVE YOUR TAKE-OUT ORDER READY

## APPETIZERS

### ★Onion Tanglers

Thinly sliced sweet white onions, lightly breaded, and golden fried. Served with Colton's signature sauce. (370-890 cal.) **7.99**

### Spinach Artichoke Dip

Creamy mozzarella and parmesan cheese blended with spinach, artichokes, and minced garlic. Served with tortilla chips. (910 cal.) **9.99**

### Boneless Honey Barbeque Wings

Breaded boneless chicken bites tossed in our honey barbeque sauce. Served with ranch dressing. (720-1160 cal.) **9.99**

### Fried Pickles

Dill slices coated in Colton's seasoned breading and fried to a golden crisp. Served with spicy ranch dressing. (460-900 cal.) **7.99**

### Queso Dip

Cheese dip with seasoned ground beef. Served with tortilla chips. (900 cal.) **8.99**

### ★J.T.'s Onion Blossom

Colossal fried onion. Served with Colton's signature sauce. (570-1090 cal.) **8.99**

### Texas-Sized Cheese Sticks

Large breaded and fried sticks of melting hot mozzarella cheese. Served with marinara sauce. (990-1050 cal.) **11.99**

### Santa Fe Eggrolls

Flaky flour tortillas with tender pieces of chicken, veggies, and Southwest spices fried to a golden brown. Served with spicy ranch dressing. (610-1050 cal.) **10.99**

### Trail Potatoes

Crispy halves of skin-on baked potatoes, loaded with a blend of melted cheeses and bacon, sprinkled with chives. Served with ranch dressing. (1210-1650 cal.) **9.99**

### Cheese Fries

French fries layered in a blend of cheeses, topped with bacon and green onions. Served with spicy ranch dressing. (1420-1860 cal.) **9.99**

### Chipotle Chicken Nachos

Crispy nacho chips covered in a blend of cheeses, refried beans, chicken, rice, and chipotle sauce. Topped with lettuce, diced tomatoes, and sour cream. Served with jalapeños. (2340 cal.) **10.99**

### Fried Green Beans

Fresh cut green beans battered and fried to crispy perfection. Served with spicy ranch dressing. (670-1110 cal.) **6.99**

### Smoked Salmon Dip

Smoked salmon blended with cream cheese, capers, onions, and chipotle peppers. Served with crispy pita chips. (330 cal) **9.99**

## LUNCH BURGERS & SANDWICHES

Colton's burgers are made with a half-pound of fresh ground beef and seasoned with our special spices. Includes a regular side of your choice.

### ★Montana Burger★

Juicy burger with bacon, cheddar cheese, barbeque sauce, and Onion Tanglers. Served with lettuce and tomato. (1110 cal.) **13.59**

### J.T.'s Charbroiled Lonesome Burger★

With lettuce, tomato, pickles, and onion. (780 cal.) **11.59**

### Bacon Cheeseburger★

Lonesome Burger with cheddar or Swiss cheese and crispy bacon. (930 cal.) **12.99**

### Swiss Mushroom Burger★

Juicy burger with Swiss cheese, sautéed mushrooms, lettuce, and tomato. (850 cal.) **12.99**

### Philly Steak Sandwich

Tender beef sliced thin with grilled onions, mushrooms, peppers, and Swiss cheese on a hoagie bun. (660 cal.) **11.99**

### Deluxe Grilled Chicken Sandwich

Tender chicken breast with Swiss cheese and crispy bacon on a ciabatta bun. Served with honey dijon. (720-880 cal.) **12.59**

### Mesquite Grilled Chicken Sandwich

Juicy chicken breast with lettuce and tomato on a ciabatta bun. (530 cal.) **11.59**

### Smoked Turkey Club

Shaved smoked turkey, Swiss cheese, bacon, lettuce, and tomato on wheat berry bread with sauce. (470-550 cal.) **10.99**

A 2,000 calorie daily diet is used as the basis for general nutrition advice. Individual calorie needs may vary. Additional nutrition information is available upon request.



## BURGERS & SANDWICHES

Colton's burgers are made with a half-pound of fresh ground beef and seasoned with our special spices. Includes a regular side of your choice. Add an additional regular side for **3.59**.

★**Montana Burger\***  
Juicy burger with bacon, cheddar cheese, barbeque sauce, and Onion Tanglers. Served with lettuce and tomato. (1110 cal.) **14.59**

**J.T.'s Charbroiled Lonesome Burger\***  
With lettuce, tomato, pickles, and onion. (780 cal.) **12.59**

**Bacon Cheeseburger\***  
Lonesome Burger with cheddar or Swiss cheese and crispy bacon. (930 cal.) **13.99**

**Swiss Mushroom Burger\***  
Juicy burger with Swiss cheese, sautéed mushrooms, lettuce, and tomato. (850 cal.) **13.99**

**Mesquite Grilled Chicken Sandwich**  
Juicy chicken breast with lettuce and tomato on a ciabatta bun. (530 cal.) **12.59**

**Deluxe Grilled Chicken Sandwich**  
Tender chicken breast with Swiss cheese and strips of crispy bacon on a ciabatta bun. Served with honey dijon. (720-880 cal.) **13.59**

**Smoked Turkey Club**  
Shaved smoked turkey, Swiss cheese, bacon, lettuce, and tomato on wheat berry bread with sauce. (470-550 cal.) **11.99**

**Philly Steak Sandwich**  
Tender beef sliced thin with grilled onions, mushrooms, peppers, and Swiss cheese on a hoagie bun. (660 cal.) **13.99**

\*Cooked to order. Eating raw or undercooked meat, poultry, eggs, or seafood may cause foodborne illness.

## RIBS & COMBOS

Includes two regular sides of your choice. Sub a premium side for **1.00** or sub a BLT Wedge (690 cal.) or a Strawberry Pecan Salad (660 cal.) for **3.99**.

★**Sirloin\* & Shrimp**  
6 oz. sirloin with grilled or fried shrimp. (680-1080/730-790 cal.) **19.99**

**Ribs & Catfish**  
Half order of ribs with hand-breaded, golden fried, domestic, farm-raised catfish. Served with apple coleslaw and hushpuppies. (1320-1970 cal.) **22.99**

**Ribs & Chicken**  
Half order of ribs with a mesquite grilled chicken breast. Served with apple coleslaw. (1240-1490 cal.) **22.99**

**Sirloin\* & Ribs**  
6 oz. sirloin with a half order of ribs. Served with apple coleslaw. (1220-1470 cal.) **23.99**

**Ribeye\* & Shrimp**  
12 oz. ribeye with grilled or fried shrimp. (1060-1460/1100-1160 cal.) **32.99**

**Colton's Smoked Ribs**  
St. Louis style, hickory smoked daily. Served with barbeque sauce and apple coleslaw. Limited Availability.  
**Half Order** (980-1230 cal.) **17.99**  
**Full Order** (1630-1880 cal.) **22.99**

A 2,000 calorie daily diet is used as the basis for general nutrition advice. Individual calorie needs may vary. Additional nutrition information is available upon request.

## STEAK DINNERS

Our steaks are USDA choice and grilled over mesquite wood. Includes two regular sides of your choice. Sub a premium side for **1.00** or sub a BLT Wedge (690 cal.) or a Strawberry Pecan Salad (660 cal.) for **3.99**.

★**Sirloin\***  
J.T.'s most popular steak. Lean and generously seasoned with Colton's spices.  
**10 oz.** (770 cal.) **19.99**  
**6 oz.** (410 cal.) **15.99**

**Smoked Sirloin\***  
(limited availability) Slow smoked and sliced to order. Served with corn on the cob, au jus, and horseradish sauce. **10 oz.** (840-1020 cal.) **19.99**

**Del Rio Ribeye\***  
Rubbed with bold Southwest spices, topped with ancho chipotle butter and Onion Tanglers. **12 oz.** (1350 cal.) **27.99**

**Hawaiian Ribeye\***  
Marinated in our special Hawaiian seasonings and garnished with grilled pineapple. **12 oz.** (950 cal.) **27.99**

**Ribeye\***  
Marbled, juicy, and full of flavor. **16 oz.** (1240 cal.) **33.99**  
**12 oz.** (940 cal.) **26.99**

**Filet Mignon\***  
Wrapped in bacon. **8 oz.** (640 cal.) **29.99**

**Sirloin Tips\***  
Tender sirloin tips with sautéed peppers and onions. (510 cal.) **15.99**

**Chopped Steak\***  
10 oz. hamburger steak with sautéed peppers and onions, topped with Onion Tanglers. (580 cal.) **14.99**

**New York Strip\***  
A steak lover's favorite. **12 oz.** (890 cal.) **22.99**

**T-Bone\***  
J.T.'s largest Steak!  
**18 oz.** (990 cal.) **29.99**

### Toppings

**Del Rio Style** (450 cal.) **2.50**  
**Mushrooms & Onions** (150 cal.) **2.50**  
**Feta Cheese & Bacon** (140 cal.) **2.50**

### Add-Ons

**Grilled, Fried, or Del Rio Shrimp** (250/210/330 cal.) **6.99**

## FAVORITES

Includes a regular side of your choice. Sub a premium side for **1.00** or sub a BLT Wedge (690 cal.) or a Strawberry Pecan Salad (660 cal.) for **3.99**. Add an additional regular side for **3.59**.

★**Colton's "Loaded" Chicken**  
Chicken breast perfectly grilled, covered in sautéed mushrooms, crispy bacon, green onions, and a blend of cheeses. Served with honey dijon. (620-780 cal.) **15.99**

**Chicken Fried Chicken**  
Tender chicken breast hand-breaded and fried to a golden crisp. Served with white pepper gravy. (580-670 cal.) **14.99**

**Grilled Pork Chop**  
Center-cut pork chop, lightly seasoned, grilled until tender, and juicy. Topped with Onion Tanglers. Served with raspberry chipotle sauce. **Single** (540-690 cal.) **13.99**  
**Double** (930-1080 cal.) **17.99**

**Southwest Chipotle Tips**  
Tender pieces of chicken seasoned and grilled with sautéed peppers and onions, topped with chipotle cream sauce and two shrimp, served on a bed of rice pilaf. (610 cal.) **14.29**

**Santa Fe Chicken**  
Boneless chicken breast marinated in a sweet and tangy sauce, topped with crispy strips of bacon, bell pepper rings, Colby Jack cheese, diced tomatoes, and green onions. (650-810 cal.) **15.99**

**Country Fried Steak**  
Battered and fried country style, covered in your choice of white pepper or mushroom gravy. (820/760 cal.) **14.79**

**Hawaiian Chicken**  
Boneless chicken breast, marinated in a blend of teriyaki sauce, pineapple juice, and special seasonings. Served on a bed of rice pilaf. (430 cal.) **14.99**

**Mesquite Grilled Chicken**  
Boneless chicken breast mesquite grilled. Served on a bed of rice pilaf. (430 cal.) **14.59**

**Homestyle Chicken Strips**  
Chicken fillets hand-breaded and fried to a golden crisp. Served with honey dijon. (520-680 cal.) **14.99**

We cook your steak your way... **RARE** (cool, red center)  
**MEDIUM RARE** (warm, red center) · **MEDIUM** (warm, pink center)  
**MEDIUM WELL** (thin pink line) · **WELL** (cooked throughout)

## SOUP, SALADS & PASTA

Includes a basket of homemade yeast rolls. Roll (120 cal.) and whipped butter (250 cal.).

**Loaded Baked Potato Soup Bowl** (320 cal.) **4.59**

**House Salad**  
Bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (370-1010 cal.) **8.99**

**Caesar Salad**  
Texas-sized portion of crisp romaine lettuce and croutons tossed in our special Caesar dressing. Topped with purple onion, sliced egg, and parmesan cheese. (310-790 cal.) **8.99**

## Pick Your Salad Protein Add-On

(excludes BLT Salad)

**Fried Chicken** (390 cal.) **6.00**  
**Grilled Chicken** (270 cal.) **6.00**  
**Grilled Shrimp** (180 cal.) **7.00**  
**Grilled Salmon\*** (400 cal.) **11.00**  
**Grilled Sirloin\*** (480 cal.) **8.00**

**BLT Wedge Salad**  
Wedge of iceberg lettuce topped with tomatoes, crispy bacon, bleu cheese crumbles, and ranch dressing. (250-690 cal.) **9.99**

**Strawberry Pecan Salad**  
Fresh mixed greens, mandarin oranges, strawberries, feta cheese, and candied pecans. (730-1370 cal.) **11.99**

**Texas Salad**  
Fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, purple onion, croutons, and chopped bacon. (660-1300 cal.) **9.99**

**Pasta Alfredo**  
Pasta with Alfredo sauce and broccoli. Topped with crispy bacon, diced tomatoes, and parmesan cheese. (1840 cal.) **10.99**  
**with Grilled Chicken** (2090 cal.) **15.99**  
**Fried Chicken** (2100 cal.) **15.99**  
**Grilled Shrimp** (1930 cal.) **15.99**  
**Both** (2020 cal.) **16.99**

## FISH & SEAFOOD

Includes a regular side of your choice. Sub a premium side for **1.00** or sub a BLT Wedge (690 cal.) or a Strawberry Pecan Salad (660 cal.) for **3.99**. Add an additional regular side for **3.59**.

**Fried Catfish**  
Hand-breaded, golden fried, domestic, farm-raised catfish. Served with apple coleslaw, hushpuppies, and tartar sauce. (790-1360 cal.) **16.59**

**NEW! Fish & Chips**  
Haddock fillets battered & fried to golden perfection. Served over a bed of Onion Tanglers with apple coleslaw, tartar sauce, and french fries "chips" or choice of one regular side. (610-1080 cal.) **15.99**

**Mesquite Grilled Salmon\***  
Salmon fillet, lightly seasoned and mesquite grilled. Served with raspberry chipotle sauce. (410-560 cal.) **18.99**

★**Blackened Salmon\***  
Grilled and blackened to perfection. Served with raspberry chipotle sauce. (540-690 cal.) **19.99**

**Grilled Shrimp**  
Lightly seasoned and grilled. Served on a bed of rice pilaf with melted butter. (390-790 cal.) **15.59**

**Golden Fried Shrimp**  
Hand-breaded and fried to golden perfection. Served over a bed of Onion Tanglers with a side of spicy cocktail sauce. (540-600 cal.) **15.59**

**Bourbon Bacon Salmon\***  
Mesquite grilled salmon fillet brushed with smoky bourbon glaze and topped with bacon. (620 cal.) **19.99**

★ J.T.'s Favorites