



**GLUTEN-SENSITIVE GUIDE - UPDATED NOVEMBER 2025**  
**Menu items made without gluten-containing ingredients\***

Although Colton's Steak House & Grill does not have gluten-free kitchens, we will make every attempt to meet your needs for a gluten-restricted diet. The items listed below are menu suggestions made without gluten-containing ingredients, as is, or can be ordered with minor changes (*shown in italics*). Please ask for a Manager when placing your order.

**\*Because of the nature of our menu items, the shared cooking and preparation areas of our kitchens and our reliance on suppliers for information, we cannot guarantee any item is free of gluten. While these items are made without gluten-containing ingredients, they do not meet the definition of "gluten free" for those who are highly sensitive.**

SALADS
<b>Request NO croutons on salads.</b>
<b>Request that salads be tossed in separate mixing bowls from other salads</b>
BLT Salad (where available)
Caesar Salad with Chicken, Salmon, Shrimp, or Sirloin
House Salad with Chicken, Salmon, Shrimp, or Sirloin
Texas House Salad
Strawberry Pecan Salad (where available)
Southwest Chicken Salad <i>w/o tortilla strips</i> (where available)
DRESSINGS
Balsalmic Vinaigrette, Bleu Cheese, Caesar, French, Honey Dijon, House, Italian, Oil & Vinegar, Ranch, Spicy Ranch, Thousand Island, and Fat Free Raspberry Vinaigrette
RIBS & COMBOS
Colton's Ribs
Ribeye & Grilled Shrimp (where available)
Ribs & Chicken
Sirloin & Grilled Shrimp
Sirloin & Ribs

STEAK DINNERS
Chopped Steak & Del Rio Ribeye <i>w/o Onion Tangles</i>
Filet Mignon
New York Strip
Ribeye
Sirloin
Sirloin Tips
T-Bone
FAVORITES
Mesquite Grilled Chicken
Loaded Chicken or Santa Fe Chicken (where available)
Grilled Pork Chops (order <i>w/o Onion Tangles and raspberry chipotle sauce</i> )
FISH & SEAFOOD
Blackened Salmon (order <i>w/o raspberry chipotle sauce</i> )
Blackened Tilapia <i>w/o tortilla strips</i> (where available)
Grilled Shrimp
Mesquite Grilled Salmon (order <i>w/o raspberry chipotle sauce</i> )
BURGERS & SANDWICHES
Bacon Cheeseburger (order <i>w/o bun</i> )
Deluxe Grilled Chicken Sandwich (order <i>w/o bun</i> )
Lonesome Burger (order <i>w/o bun</i> )
Mesquite Grilled Chicken Sandwich (order <i>w/o bun</i> )
Smoked Turkey Club (order <i>w/o wheat bread and raspberry chipotle sauce</i> )

KID'S MEALS
Kids Sirloin Tips
Kids Mesquite Grilled Chicken
Kids Apple Sauce
Kids Mandarin Oranges
SIDE ITEMS
<b>Request NO croutons on salad. Request no additional toppings on potatoes.</b>
Baked Potato
Baked Sweet Potato
Caesar Salad (w/o croutons)
Coleslaw
Green Beans
House Salad (w/o croutons)
Smashed Potatoes
Steamed Veggies
Grilled Asparagus (where available)
Corn on the Cob (where available)