

COLTON'S

Steak House & Grill

GLUTEN-SENSITIVE GUIDE - UPDATED NOVEMBER 2025

Menu items made without gluten-containing ingredients*

Although Colton's Steak House & Grill does not have gluten-free kitchens, we will make every attempt to meet your needs for a gluten-restricted diet. The items listed below are menu suggestions made without gluten-containing ingredients, as is, or can be ordered with minor changes (*shown in italics*). Please ask for a Manager when placing your order.

*Because of the nature of our menu items, the shared cooking and preparation areas of our kitchens and our reliance on suppliers for information, we cannot guarantee any item is free of gluten. While these items are made without gluten-containing ingredients, they do not meet the definition of "gluten free" for those who are highly sensitive.

SALADS	STEAK DINNERS	KID'S MEALS
Request NO croutons on salads. Request that salads be tossed in separate mixing bowls from other salads	Chopped Steak & Del Rio Ribeye w/o Onion Tanglers Filet Mignon New York Strip Ribeye Sirloin Sirloin Tips T-Bone	Kids Sirloin Tips Kids Mesquite Grilled Chicken Kids Apple Sauce Kids Mandarin Oranges
BLT Salad (where available) Caesar Salad with Chicken, Salmon, Shrimp, or Sirloin House Salad with Chicken, Salmon, Shrimp, or Sirloin Texas House Salad Strawberry Pecan Salad (where available) Southwest Chicken Salad <i>w/o tortilla strips</i> (where available)		
DRESSINGS	FAVORITES	SIDE ITEMS
Balsamic Vinaigrette, Bleu Cheese, Caesar, French, Honey Dijon, House, Italian, Oil & Vinegar, Ranch, Spicy Ranch, Thousand Island, and Fat Free Raspberry Vinaigrette	Mesquite Grilled Chicken Loaded Chicken or Santa Fe Chicken (where available) Grilled Pork Chops (order w/o Onion Tanglers and raspberry chipotle sauce)	Request NO croutons on salad. Request no additional toppings on potatoes. Baked Potato Baked Sweet Potato Caesar Salad (w/o croutons) Coleslaw Green Beans House Salad (w/o croutons) Smashed Potatoes Steamed Veggies Grilled Asparagus (where available) Corn on the Cob (where available)
RIBS & COMBOS	FISH & SEAFOOD	
Colton's Ribs Ribeye & Grilled Shrimp (where available) Ribs & Chicken Sirloin & Grilled Shrimp Sirloin & Ribs	Blackened Salmon (order w/o raspberry chipotle sauce) Blackened Tilapia <i>w/o tortilla strips</i> (where available) Grilled Shrimp Mesquite Grilled Salmon (order w/o raspberry chipotle sauce)	
	BURGERS & SANDWICHES	
	Bacon Cheeseburger (order w/o bun) Deluxe Grilled Chicken Sandwich (order w/o bun) Lonesome Burger (order w/o bun) Mesquite Grilled Chicken Sandwich (order w/o bun) Smoked Turkey Club (order w/o wheat bread and raspberry chipotle sauce)	